

JAM ACTIVITY CAMPS – Summer

@ Ilford County 28th July – 22nd August 2025

JETS Age 5-6 Timetable

Week 1 and 3

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00-9.30	Free play	Free play	Free play	Free play	TRIP TO MAYFIELD FOR SWIMMING & ACTIVITIES
9.30-10.30	Arts & Crafts	Drama workshop	WEEK 1 CINEMA	Athletics	
BREAK					
11.00-11.45	Football/ dance	Ball games		Ball Games	
11.45-12.30	Tennis or outdoor badminton	Arts & Crafts (Healthy Eating)	WEEK 3 NATIONAL MARITIME MUSEUM & PLAYGROUND	Dance/ Football	
LUNCH					
13.00-13.30	Ball games (Dodgeball/Benchball)	Football/ Dance	LUNCH/FREE PLAY	Sports day	
13.30-14.30	Football	Badminton	NERF	Sports day	
14.30-15.30	Hockey	NERF		Sports day	
16.00-17.00	FILM OR FREE PLAY				

Week 2 and 4

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00-9.30	Free play	Free play	Enrichment Trip	Free play	TRIP TO MAYFIELD FOR SWIMMING & ACTIVITIES
9.30-10.30	Arts & Crafts (Olympics)	Drama workshop	Farm Week 2/ Olympic Park Week 4	Basketball	
BREAK					
11.00-11.45	Athletics	Ball games		Tennis	
11.45-12.30	Drama & Dance	Arts & Crafts (Healthy Eating)		Dance/ Football	
LUNCH					
13.30-14.30	Football	Badminton		Football	
14.30-15.30	Hockey	NERF		Cricket	
16.00-17.00	Free Play and Collection				
Wk 4 only 9.00-17.00	Thursday JAM FUN DAY AT MAYFIELD (TRIP)- bouncy castles, free face painting, ice cream van, NERF, glow sticks disco				

JAM ACTIVITY CAMPS – Summer

@ Ilford County 28th July – 22nd August 2025

Aces 7-9 Timetable

Week 1 and 3

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00-9.30	Free play	Free play	Free play	Free play	TRIP TO MAYFIELD FOR SWIMMING & ACTIVITIES
9.30-10.30	Drama & Dance	Arts & Crafts (Healthy Eating)	WEEK 1 CINEMA	Ball games	
BREAK					
11.00-11.45	Football	Ball games		Football/dance	
			WEEK 3 NATIONAL MARITIME MUSEUM & PLAYGROUND		
11.45-12.30	Ball games (Dodgeball/Benchball)	Football/ Dance		Tennis	
LUNCH					
13.30-14.30	Arts & Crafts (Friendship Bracelets)	Drama workshop	LUNCH/FREE PLAY	Sports day	
14.30-15.00	Hockey/ Football	NERF	NERF	Sports day	
16.00-17.00	Free Play and Collection				

Week 2 and 4

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00-9.30	Free play	Free play	Free play	Free play	TRIP TO MAYFIELD FOR SWIMMING & ACTIVITIES
9.30-10.30	Drama & Dance	Arts & Crafts (Healthy Eating)	Enrichment trip	Basketball	
BREAK					
11.00-11.45	Ball games (Dodgeball/Benchball)	Drama workshop	Farm Week 2/ Cinema Week 4	Hockey	
11.45-12.30	Arts & Crafts (Olympics)	Football/ Dance		Dance/ Football	
LUNCH					
13.30-14.30	NERF	Ball games		Tennis	
14.30-15.00	Hockey/ Football	NERF		Sports day	
16.00-17.00	Free Play and Collection				
Wk 4 only 9.00-17.00	Thursday week 4 JAM FUN DAY- bouncy castles, free face painting, ice cream van, NERF, glow sticks disco				
Olympic Park Trip 8.00-17.00	Friday week 4 Olympic Park Trip				

JAM ACTIVITY CAMPS – Summer

@ Ilford County 28th July – 22nd August 2025

Mavericks Age10-11 Timetable

Week 1 and 3

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00-9.30	Free play	Free play	Free play	Free play	TRIP TO MAYFIELD FOR SWIMMING & ACTIVITIES
9.30-10.30	Football	Arts & Crafts (Healthy Eating)	Free play	Ball games	
BREAK			WEEK 1 CINEMA		
11.00-11.45	Drama	Ball games		Online safety	
11.45-12.30	Outdoor gym	Football/ Dance		Arts & Crafts (Who am I)	
LUNCH			WEEK 3 NATIONAL MARITIME MUSEUM & PLAYGROUND		
13.30-14.30	Arts & Crafts/ Football	Dodgeball	LUNCH/FREE PLAY		
14.30-15.30	NERF	Badminton	NERF	NERF	
15.30-16.30	Free play				
17.00	Collection				

Week 2 and 4

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00-9.30	Free play	Free play	Free play	Free play	TRIP TO MAYFIELD FOR SWIMMING & ACTIVITIES
9.30-10.30	Ball games (Dodgeball/Benchball)	Arts & Crafts (Healthy Eating)	Enrichment trip	Arts and crafts (inspiring people)	
BREAK					
11.00-11.45	Dance/Drama	Football/ Dance	Farm Week 2/ Cinema Week 4	Dodgeball	
11.45-12.30	Arts & Crafts (Olympics)	Drama		Dance/ Football	
LUNCH					
13.30-14.30	Hockey/Football	Badminton		Outdoor Gym	
14.30-15.30	NERF	Table Tennis/ Football		Hockey Football	
15.30-16.30	Free Play				
Wk 4 only 9.00-17.00	Thursday week 4 JAM FUN DAY- bouncy castles, free face painting, ice cream van, NERF, glow sticks disco				