



JAMmy Tots Nursery – Medical Policy

Date: April 2026

Manager: Jenene Morgan

Next Review: April 2027

1. Purpose

The purpose of this policy is to ensure the health, safety, and wellbeing of all children at JAMmy Tots Nursery. It provides guidance on managing illnesses, administering medication, supporting children with medical conditions, and promoting general wellbeing. This policy aligns with:

- EYFS 2025
- KCSIE 2025
- Health and Safety at Work Act 1974
- Management of Health and Safety at Work Regulations 1999
- Ofsted Early Years Inspection Guidance

2. Scope

This policy applies to:

- All children enrolled at JAMmy Tots Nursery
- Staff, volunteers, and management involved in health and medical care
- Parents and carers

It covers:

- Managing illness and infectious diseases
- Administration of prescribed and non-prescribed medication
- Children with long-term medical conditions or allergies
- Promoting general health, hygiene, and wellbeing

3. Policy Statement

JAMmy Tots Nursery is committed to:

- Protecting the health, safety, and wellbeing of all children
- Ensuring children with medical conditions are supported to participate fully in nursery activities
- Promoting good hygiene, nutrition, and healthy habits



- Maintaining compliance with statutory requirements, health guidance, and safeguarding procedures

4. Roles and Responsibilities

Manager (Jenene Morgan):

- Ensures staff are trained in first aid, medication administration, and emergency procedures
- Oversees implementation of this policy and monitoring of health procedures
- Maintains records of staff training, medical incidents, and allergies

Staff / Key Persons:

- Follow nursery procedures for illness, medication, and first aid
- Observe children for signs of illness or distress and report to the Manager
- Maintain accurate records of medication given and incidents
- Support children with long-term medical conditions in consultation with parents

Parents / Carers:

- Provide accurate medical information about their child, including allergies, medications, and conditions
- Keep nursery informed of changes to health or medical needs
- Collect children who are unwell or infectious promptly
- Consent to medication administration and emergency care

5. Illness and Infectious Diseases

- Children who are unwell or infectious should remain at home until fully recovered (48hr rule applies for vomiting or diarrhoea)
- Staff follow current NHS and Public Health England guidance for exclusion periods for illnesses such as:
 - Chickenpox
 - Measles
 - Gastrointestinal infections
- Children showing signs of illness during the day are isolated safely and parents contacted immediately



- Hygiene measures, including handwashing, are followed strictly to prevent cross-infection

6. Administration of Medication

- Medication is administered only with written parental consent
 - Medication records include: child's name, dose, time, staff signature, and parent signature
 - Prescribed medication must be in the original container with clear instructions
 - Staff do not administer medication without parental instructions or if unclear
 - 2 members of staff should be present when administering medication
-

7. Children with Long-Term Medical Conditions or Allergies

- Individual Health Care Plans are created in consultation with parents and healthcare professionals
- Plans outline: condition, triggers, required support, emergency procedures, and contact information
- Staff are trained in condition-specific care, such as using EpiPens, inhalers, or monitoring blood sugar
- Plans are reviewed at least annually or when needs change

8. First Aid and Emergencies

- JAMmy Tots Nursery maintains trained paediatric first aid staff at all times
- First aid kits are accessible and regularly checked
- Serious incidents or accidents are recorded and reported to parents and, if required, local authorities
- In emergencies, staff follow procedures for contacting emergency services immediately

9. Promoting Health and Wellbeing

- Children are encouraged to develop healthy habits, including handwashing, dental care, and balanced nutrition
- Healthy meals and snacks are provided in accordance with dietary requirements



- Outdoor play, physical activity, and rest periods are incorporated into the daily routine
- Emotional wellbeing is supported through positive relationships, routines, and safe spaces

10. Hygiene and Infection Control

- Staff follow strict hygiene procedures for toileting, nappy changes, and handwashing
- Surfaces and equipment are cleaned and disinfected regularly
- Policies align with EYFS and Public Health guidance to reduce infection risks

11. Monitoring and Review

- Health records, incident reports, and medication logs are monitored regularly by the Manager
- Policy reviewed annually or in response to changes in legislation, guidance, or nursery practice
- Staff receive ongoing training in health, first aid, and medical procedures

12. Conclusion

JAMmy Tots Nursery is committed to ensuring the health, safety, and wellbeing of all children. Through clear procedures, staff training, and partnership with parents, the nursery promotes a safe, healthy, and supportive environment where children can thrive.